



## Stage 3

# THE LAND OF WATERFALLS ROUTE

27.4 Miles - 2,956 Feet of Elevation  
Plus 5 Mile Neutral Ride To Remote Start

**Saturday, April 15, 2023**  
**Pisgah National Forest - Ranger District**

Stage Results By Category  
3-Day Version

# OPEN MEN

RANK	BIB	NAME	TIME	AGE	CITY, STATE
1	132	Jeff Plassman	02:32:06.92	49	Richmond, VA
2	135	Robert Morley	02:34:06.73	43	Lexington, KY
3	131	Jonathan LaRocca	02:41:23.69	33	Brevard, NC
4	130	Jonathan Landry	02:55:30.29	43	Candler, NC
5	134	Andrew Giniat	DNS	32	Ashville, NC

# OPEN WOMEN

RANK	BIB	NAME	TIME	AGE	CITY, STATE
1	133	Margaret Griggs	03:19:08.17	19	Washington, GA